

CAMPANELLI YMCA

POOL SCHEDULE—Spring 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Open at 7:00am	
6:00am	5am-9:45am	5am-9:45am	5am-9:45am	5am-9:45am	5am-9:45am		
6:15am		Up and At 'Em!		Up and At 'Em!			
6:30am		6:15-7am		6:15-7am			
7:00am							
7:30am							
8:00am		PiYoChi				Lap Swim	Lap Swim
8:30am	Up and At 'Em!	Coming Back Summer 2019	Up and At 'Em!		Up and At 'Em!	7am-9am	7am-9am
9:00am	8:30-9:30am		8:30-9:30am		8:30-9:30am	Deep Water Dynamics	Up and At 'Em!
9:15am	Deep Water Dynamics	Hydrocize	Deep Water Dynamics	Hydrocize	Deep Water Dynamics	8:30-9:30am	9-10am
9:30am	9:30-10:30am	9-10am	9:30-10:30am	9-10am	9:30-10:30am	NO LAP LANE Open	
10:00am	Rusty Hinges (55+)		Rusty Hinges (55+)		Rusty Hinges (55+)	Boot Camp	Swim Lessons (3 Lanes)
10:30am	10:30-11:30am		10:30-11:30am		10:30-11:30am	9:30-10:30am	9am-12:15pm
11:00am						Swim Lessons (3 Lanes)	
11:30am						9am-12:15pm	
12:00pm					Swim Lessons		
12:15pm					12pm-1:30pm		
12:30pm						Family Swim	Family Swim
1:00pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	12:30-6:45pm	12:30-5:45pm
1:30pm	12pm-5pm	12pm-5pm	12pm-5pm	12pm-5pm	1:30-5pm		
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm							
4:30pm							
5:00pm							
5:30pm	Swim Lessons (2 Lanes)	Swim Lessons (2 Lanes)	Swim Lessons (3 Lanes)	Swim Lessons (2 Lanes)			
5:45pm	5:30-7:30pm	5:30-8:30pm	5:30-7:20pm	5:30-7:20pm			
6:00pm					Swim Lessons (2 Lanes)		
6:30pm					6:30-8:30pm		
6:45pm							Pool Closes 5:45pm
7:00pm	Hydrocize	Hydrocize	Hydrocize	Hydrocize			
7:15pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm			
7:30pm							
8:00pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Pool Closes 6:45pm	
8:30pm	7:30-9:45pm	8:30-9:45pm	7:30-9:45pm	7:30-9:45pm	8:30-9:45pm		
9:00pm							
9:45pm	Pool Closes at 9:45pm Monday - Friday						

*Water Punch Cards are required for all water aerobics classes highlighted in gray.

PLEASE NOTE: There will be **NO OPEN FAMILY SWIM** during water aerobics classes. Please see lifeguard for questions.