

updated 3/1/2016

Campanelli YMCA Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00am		Adult Lap Swim 5:00am -10:00pm	Adult Lap Swim 5:00am -12:30pm	Adult Lap Swim 5:00am-11:30am	Adult Lap Swim 5:00am- 11:00am	Adult Lap Swim 5:00am-12:00pm	
5:30am							
6:00am							
6:30am							
7:00am	Adult Lap Swim 7:00am -12:30pm	Up and At 'Em! 8:30-9:30am	Up and At 'Em! 6:15-7:00am	Up and At 'Em! 8:30-9:30am	Up and At 'Em! 6:15-7:00am	Up and At 'Em! 8:30-9:30am	Adult Lap Swim 7:00am-12:30am
7:30am							
8:00am	Up and At 'Em! 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	<i>PiYoChi 8-9am Coming Spring 2017</i>	Up and At 'Em! 8:30-9:30am	Hydrocize 9:15-10:00am	Up and At 'Em! 8:30-9:30am	Deep Water Dynamics 8:30-9:30am
8:30am							
9:00am	Swim Lessons (3 lanes) 9:00-12:15pm	Rusty Hinges (55+)10:30-11:30	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Boot Camp 9:30-10:30am
9:30am							
10:00am	Swim Lessons (3 lanes) 9:00-12:15pm	Rusty Hinges (55+)10:30-11:30	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Swim Lesson (3 lanes) 9:30-12:15pm
10:30am							
11:00am	Swim Lessons (3 lanes) 9:00-12:15pm	Rusty Hinges (55+)10:30-11:30	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Hydrocize 9:15-10:00am	Deep Water Dynamics 9:30-10:30am	Swim Lesson (3 lanes) 9:30-12:15pm
11:30am							
12:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
12:30pm							
1:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
1:30pm							
2:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
2:30pm							
3:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
3:30pm							
4:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
4:30pm							
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5:30pm							
6:00pm	Adult Lap Swim & Family Swim 12:30-5:45pm	Adult Lap Swim & Family Swim 12:00-5:00pm	Adult Lap Swim & Family Swim 11:00am- 5:00pm	Adult Lap Swim & Family Swim 11:30am-4:30pm	Adult Lap Swim & Family Swim 11:00am-5:00pm	Adult Lap Swim & Family Swim 1:30pm-9:45pm	Adult Lap Swim & Family Swim 12:30-6:45pm
6:30pm							
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7:30pm							
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9:30pm							
	Close at 5:45pm	Close at 9:45pm	Close at 9:45pm	Close at 9:45pm	Close at 9:45pm	Close at 9:45pm	Close at 6:45pm

*** Water Punch Cards are required for all water Aerobics classes! Highlighted in light Green ***

** There will be No **OPEN FAMILY SWIM** during Group Water Aerobics classes. Please see the lifeguard if you have any questions!

***See other side for Group Water Aerobics Schedule.

Swim Team is swimming Monday- Friday 7:30-9:30pm