

CAMPANELLI YMCA POOL SCHEDULE - FALL 2017



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday						
5:00am	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Open at 7:00am							
6:00am													
6:15am													
6:30am								Up and At 'Em! 6:15am-7am	Up and At 'Em! 6:15am-7am				
7:00am													
7:30am								PiYoChi 8am-9am	Up and At 'Em! 8:30am-9:30am	Hydrocize 9am-10am	Up and At 'Em! 8:30am-9:30am	Lap Swim 7am-6:45pm	Lap Swim 7am-5:45pm
8:00am													
8:30am	Up and At 'Em! 8:30am-9:30am	Deep Water Dynamics 8:30am-9:30am	Up and At 'Em! 8:30am-9:30am	Deep Water Dynamics 8:30am-9:30am									
9:00am	Up and At 'Em! 8:30am-9:30am	Hydrocize 9am-10am	Up and At 'Em! 8:30am-9:30am	Deep Water Dynamics 8:30am-9:30am									
9:15am	Hydrocize 9am-10am	Hydrocize 9am-10am	Up and At 'Em! 8:30am-9:30am	Deep Water Dynamics 8:30am-9:30am									
9:30am	Deep Water Dynamics 9:30am-10:30am	Deep Water Dynamics 9:30am-10:30am	Hydrocize 9am-10am	Deep Water Dynamics 9:30am-10:30am	Boot Camp 9:30am-10:30am								
10:00am	Deep Water Dynamics 9:30am-10:30am	Deep Water Dynamics 9:30am-10:30am	Hydrocize 9am-10am	Deep Water Dynamics 9:30am-10:30am	Boot Camp 9:30am-10:30am								
10:30am	Rusty Hinges (55+) 10:30am-11:30am	Rusty Hinges (55+) 10:30am-11:30am		Rusty Hinges (55+) 10:30am-11:30am	Swim Lessons (3 Lanes) 9am-12:15pm	Up and At 'Em! 9am-10am							
11:00am	Rusty Hinges (55+) 10:30am-11:30am		Rusty Hinges (55+) 10:30am-11:30am		Swim Lessons (3 Lanes) 9am-12:15pm	Swim Lessons (2 Lanes) 9am-12:15pm							
11:30am					Swim Lessons (3 Lanes) 9am-12:15pm								
12:00pm	Family Swim 12pm-6pm	Family Swim 12pm-6pm	Family Swim 12pm-6pm	Family Swim 12pm-6pm	Small Group Kids Swim 12pm-1:30pm	Family Swim 12:30pm-6:45pm	Family Swim 12:30pm-5:45pm						
12:15pm													
12:30pm													
1:00pm													
1:30pm													
2:00pm													
2:30pm													
3:00pm													
3:30pm													
4:00pm													
4:30pm													
5:00pm	Swim Lessons (2 Lanes) 5pm-7:15pm	Swim Lessons (2 Lanes) 5pm-8:15pm	Swim Lessons (3 Lanes) 5pm-7:15pm	Swim Lessons (2 Lanes) 5pm-8:15pm	Family Swim 1:30pm-9:45pm	Family Swim 1:30pm-9:45pm	Family Swim 1:30pm-9:45pm						
5:30pm													
5:45pm													
6:00pm													
6:30pm													
6:45pm													
7:00pm								Hydrocize 6:30pm-7:30pm	Hydrocize 6:30pm-7:30pm				
7:15pm	Hydrocize 6:30pm-7:30pm	Hydrocize 6:30pm-7:30pm											
7:30pm													
8:00pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm									
8:30pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm									
9:00pm													
9:30pm													
9:45pm	Pool Closes at 9:45pm Monday - Friday					Pool Closes 6:45pm	Pool Closes 5:45pm						

*Water Punch Cards are required for all water aerobics classes highlights in light gray.

PLEASE NOTE: There will be **NO OPEN FAMILY SWIM** during water aerobics classes. Please see lifeguard for any questions.