

CAMPANELLI YMCA POOL SCHEDULE - FALL 2017



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday										
5:00am	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Lap Swim 5am-9:45pm	Open at 7:00am											
6:00am																	
6:15am																	
6:30am								Up and At 'Em! 6:15am-7am	Up and At 'Em! 6:15am-7am								
7:00am																	
7:30am								PiYoChi 8am-9am	Up and At 'Em! 8:30am-9:30am	Hydrocize 9am-10am	Up and At 'Em! 8:30am-9:30am	Lap Swim 7am-6:45pm	Lap Swim 7am-5:45pm				
8:00am																	
8:30am	Up and At 'Em! 8:30am-9:30am	Up and At 'Em! 8:30am-9:30am															
9:00am	Hydrocize 9am-10am	Deep Water Dynamics 9:30am-10:30am	Hydrocize 9am-10am	Deep Water Dynamics 9:30am-10:30am	Deep Water Dynamics 8:30am-9:30am	Up and At 'Em! 9am-10am											
9:15am																	
9:30am							Rusty Hinges (55+) 10:30am-11:30am							Deep Water Dynamics 9:30am-10:30am	Deep Water Dynamics 9:30am-10:30am	Deep Water Dynamics 9:30am-10:30am	Boot Camp 9:30am-10:30am
10:00am																	
10:30am								Swim Lessons (3 Lanes) 9am-12:15pm	Rusty Hinges (55+) 10:30am-11:30am	Rusty Hinges (55+) 10:30am-11:30am	Rusty Hinges (55+) 10:30am-11:30am	Swim Lessons (2 Lanes) 9am-12:15pm					
11:00am																	
11:30am													Family Swim 12pm-6pm				
12:00pm																	
12:15pm	Small Group Kids Swim 12pm-1:30pm	Family Swim 12pm-6pm	Family Swim 12pm-6pm	Family Swim 12pm-6pm	Family Swim 12:30pm-6:45pm												
12:30pm																	
1:00pm						Family Swim 1:30pm-9:45pm	Family Swim 12:30pm-6:45pm							Family Swim 12:30pm-6:45pm	Family Swim 12:30pm-6:45pm	Family Swim 12:30pm-6:45pm	
1:30pm																	
2:00pm								Swim Lessons (2 Lanes) 5pm-7:15pm	Swim Lessons (2 Lanes) 5pm-8:15pm	Swim Lessons (3 Lanes) 5pm-7:15pm	Swim Lessons (2 Lanes) 5pm-8:15pm	Swim Lessons (2 Lanes) 5pm-8:15pm					
2:30pm																	
3:00pm													Hydrocize Coming late Oct. 2017				Hydrocize 6:30pm-7:30pm
3:30pm																	
4:00pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm												
4:30pm																	
5:00pm						Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm							Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	
5:30pm																	
5:45pm								Hydrocize Coming late Oct. 2017	Hydrocize 6:30pm-7:30pm	Hydrocize Coming late Oct. 2017	Hydrocize 6:30pm-7:30pm	Hydrocize 6:30pm-7:30pm					
6:00pm																	
6:30pm													Family Swim 7:30pm-9:45pm				Family Swim 7:30pm-9:45pm
6:45pm																	
7:00pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm												
7:15pm																	
7:30pm						Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm							Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	
8:00pm																	
8:30pm								Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm	Family Swim 7:30pm-9:45pm					
9:00pm																	
9:30pm													Family Swim 7:30pm-9:45pm				Family Swim 7:30pm-9:45pm
9:45pm																	

Pool Closes at 9:45pm Monday - Friday

*Water Punch Cards are required for all water aerobics classes highlights in light gray.

PLEASE NOTE: There will be NO OPEN FAMILY SWIM during water aerobics classes. Please see lifeguard for any questions.